

PERIODIC TABLE OF PERSONALITY ELEMENTS

Big Five:	emotional stability pervades all > ('striving for stable noble gas configuration') (emotionally dysregulated)										shift approach - avoidance	emotional stability pervades all > (dysphoric high functioning / emotionally dysregulated)										absent	zodiac, Jung:
neuroticism	impulsive		vulnerable		impulsive		vulnerable		shift		untouchable	impulsive		vulnerable		shift		manipulative		destructive	absent	quintessence	
extraversion	innocent		yearning		innocent		yearning		avoidance - approach		vs. unstable	innocent		yearning		avoidance - approach		transformative		moral care	untouchable	fire, intuition	
agreeableness	visionary		insecure		visionary		insecure		inflation		arrogant vs.	visionary		insecure		inflation		hostile		means	vs. unstable	water, feeling	
openness	lonely		agreeable		lonely		agreeable		enchantment		self-	lonely		agreeable		enchantment		externalising		subordinate to	self-	air, thinking	
conscientious-	introverted				introverted				open		depreciation	introverted				open		paranoid		ends	depreciation	earth, sensation	
ness									hostile		unsocialised					histrionic		extraverted		sensation seeking	unsocialized		
SWAP Q-sort:	avoidant		dependent		avoidant		dependent		externalising		seeking	avoidant		dependent		obsessional		narcissistic		antisocial	seeking	antisocial	
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